"What Do the Anti-bias Education Goals Mean to Me?"

Consider the four core anti-bias education goals as they apply to your own daily life and work. How do you assess yourself on each? (You can do this exercise by yourself or with your learning partners.)

1. (ABE Goal 1): To what degree, or in what ways, do I nurture construction of a knowledgeable, confident self-identity and group identity in myself?

2. (ABE Goal 2): How do I promote my own comfortable, empathetic interactions with people from diverse backgrounds?
3. (ABE Goal 3): In what ways do I foster my critical thinking about bias?

4. (ABE Goal 4): Under what circumstances do I cultivate my ability to stand up for myself and for others in the face of bias?
5. What are the challenges to achieving these goals in my life?

6. What might be ways for me to develop each of these goals in my work? in my personal life?