Psy 131: Cross-Cultural Psychology – Spring 2015
CRN 23120 * Wednesdays 6:50-10pm * Room 1427

Instructor: Ms. Callista Lee, M.S.
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Website: http://staffwww.fullcoll.edu/clee/

Office Hours: Mon/Wed: 3-4pm and 5:30-6:30pm
Tues 5-6:30pm
Other times may be available by appointment.

To contact Ms. Lee, an office visit or email is best. If you phone, leave a note, or use email be sure to mention which class you are in and the day(s) it meets.

Be sure to buy or rent the 3rd edition published by Oxford University Press. There are various ISBNs based on how it is packaged; any 3rd edition will be fine.

Course Content and Learning Activities

- This course examines cultural influences on human behavior in areas such as development, mental health, self-concept, emotion, motivation, learning, intelligence, social cognition and social behavior.

- In-class activities, films, library research, community observations, field trips and class presentations are central to understanding and applying the concepts and research findings discussed in the textbook and class lectures.

Make an Active Plan to Assure Your Success

- Purchase and read your textbook - read the assigned chapter (and/or other assigned readings) before coming to the class meeting at which it will be discussed.

- Success in this class will depend upon the student's readiness for college level reading and writing, active participation in class activities, personal time
management, and the willingness to be open-minded about one’s own and others’ cultural influences on thought and behavior.

- **Use the free services offered on campus** - Tutoring Center, Writing Center, Disabled Students Center, EOPS, Financial Aid, Counseling, Health Center, etc.

- **Get to know your classmates** - compare notes and study together!

- Pay attention to **which study behaviors work best for you** - become an active participant in your education. Your academic counselor can help you identify your best study skills.

- **Use a calendar** to keep track of your reading and writing assignments.

- **Make time in your schedule** for 6 hours of preparation/study/homework time for every 3 hours you spend in class.

- **Visit your instructor during office hours** to ask questions, clarify assignments and let them know that you really want to succeed.

- **Spread out your reading, homework and study time into several short sessions throughout the week.** Scientific studies have proven that this strategy works best for learning. Do not try to do all of your work for the week in one day.

- **Student Learning Outcomes:** (You will be learning a lot more; these just represent part of what we measure to make sure that the course methods lead to effective learning.)

  I. **Outcome:** Upon successful completion of PSY 131 F Cross Cultural Psychology, students will be able to identify and explain at least two ways culture influences psychological processes.

  II. **Outcome:** Upon successful completion of PSY 131 F Cross Cultural Psychology, students will be able to compare and contrast characteristics of collectivism and individualism and categorize how these perspectives shape perception, thought, and/or behavior in different contexts.

  III. **Outcome:** Upon successful completion of PSY 131 F Cross Cultural Psychology, students will be able to identify and synthesize cross-cultural biases and apply them to the development of cultural-sensitivity.

  IV. **Outcome:** Upon successful completion of PSY 131 F Cross Cultural Psychology, students will be able to contextualize cultural factors that relate to conceptual differences of mental disorders (e.g. “culture-bound” syndromes) and health and well-being.

**Class Policies**

- **Late work** will not be accepted unless approved by the instructor. If you must miss a due date, contact the instructor right away. Some late work may be accepted minus a 20% penalty.

- **Cheating** is never acceptable - this includes copying the work of others during class, turning in work completed by others, and failing to provide appropriate
citations of other authors’ work in your written reports (plagiarism). See your FC Catalog for further details.

- **The classroom must be a safe and welcoming space for all learners.** All persons will be treated with respect and sensitivity. Disruption of the learning environment may result in your being asked to leave for the remainder of the class period, or in extreme cases, for the remainder of the semester.

- **Use of cell phones during class is prohibited.** Turn your phone (and iPod and whatever other gadgets you have) off before class begins. If you are “on call” for an emergency, turn your phone or pager to vibrate. **Use of laptops during class is restricted to note-taking or reviewing course materials in Blackboard.**

- **Students with excessive absences** (see your FC Catalog) may be dropped by the instructor.

### Earning the Grade You Want

- **Clarify your goal now and then make a plan to achieve it.** Success in college doesn't happen just because you always show up for class. **Determine what behaviors it will take** to learn the material, turn in quality homework on time, and perform well on the tests. Discuss your individual challenges with your instructors and academic counselors.

- **Keep track of your points throughout the semester.** It is not possible to "coast" along until the end of the semester and then catch up. Every assignment along the way is an important part of your semester grade.

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There are 550 points possible:

A = 495 - 550; B = 440 - 494; C = 385 - 439; D = 330 – 384

Your grade is based upon points earned in the following activities:

- **Multiple Choice Exams - 340 points**
  - **Exams 1 and 2** will cover 3 chapters each, plus in-class lecture material. These exams will have 50 questions (100 points) each.
  - **Exam 3 (Final Exam)** will cover Chapters 7,8,9 and 10. There will be 70 questions (140 points) on this exam.
  - **Bring a No. 2 pencil and Scantron form 882 for each exam.**
• All exams will be taken in class. **Students requiring assistance** due to a verifiable learning or physical disability must discuss their special needs with the [Disabled Students Services] office.

• To decrease test anxiety, you may bring one **4x6 note card** with notes on it (both sides). This is something you can prepare while studying; **creating the card is often a useful learning activity**.

• **My test questions** tend to be more applied than simple definitions of terms so study for depth rather than simple memorization.

• **Study hints** will be provided in our course space in **BlackBoard** at least one week prior to each exam.

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**In-class participation - 50 points**

- Note-taking and responses to films
- Group discussion and other activities
- Supporting your classmates when they make presentations
- **Earning full credit is quite simple if you show up for class, having read the assigned chapter**, and are alert and enthusiastic about participating.

At least 75 points worth of activities are scheduled, so if you have to be absent due to illness you will still have a chance to earn full credit.

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**Exploring My Own Culture - 60 points**

- Detailed instructions will be available in Blackboard. The project is made up of several parts/options. Each option will take you a considerable amount of time, so begin early in the semester.
- You'll have several options to choose from, to add up to your goal of 60 points.
- Activities may include interviews, field trips, reading, and hearing speakers.

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**Researching Another Culture – 100 points (70 + 30)**

- Students will have a choice of topic from an approved list to explore in depth. Details will be available in Blackboard. This is a multi-part project similar to “My Culture” above.
- Library research, people-watching, brief interviews, and visits to cultural sites will all provide usable information for this project.
- In-class presentations (just 10 minutes) at the end of the semester will highlight the most interesting and important facts and experiences you discovered during your research. (Some students may opt to complete additional writing
assignments instead of the class presentation.) This is the 30 point portion of this assignment.
  o You are encouraged to create a PowerPoint or some other creative means to present your findings.
  o Classmates will provide anonymous written feedback to one another as part of their in-class participation.

❖ A maximum of 25 extra credit points may be earned

Do not start doing extra credit just because you are anxious to do well! **Your primary focus should be on doing the best you can on the regular, required activities listed above.**

- You may participate in more than 50 points worth of in-class activities by never missing (and never sleeping through) a class
- You may go above and beyond what is required in either the cultural research projects.
- Attend speaker presentations (about any culture) on campus or in the community - discuss with Ms. Lee before attending to be sure that it will count as extra credit.

😊 During an in-person, Office Hour visit, ask for 5 FREE Extra Credit Points. **No kidding! Just ask! This is a one-time offer.** Must be completed before the end of week 8.
😊 Sign up for and complete your cultural presentation early for 5-10 extra points.

**Schedule of Study**

Changes may be announced in class

<table>
<thead>
<tr>
<th>Week/Date</th>
<th>Chapters/Topics/Activities</th>
<th>Homework Due</th>
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<tbody>
<tr>
<td>1  1/28</td>
<td>Ch. 1 - What is Multicultural Psychology?</td>
<td></td>
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<tr>
<td>2  2/4</td>
<td>Ch. 2 - Research &amp; Testing Applications for Marketing</td>
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<tr>
<td>3  2/11</td>
<td>Spotlight on American Culture The Geography of Thought - Development of Worldviews</td>
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<tr>
<td>4  2/18</td>
<td>Ch. 3 - Differences in Worldview</td>
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<tr>
<td>5  2/25</td>
<td><strong>Exam 1 on Chapters 1, 2, 3 &amp; lectures</strong> Ch. 4 - Differences in Communication</td>
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<td>Date</td>
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| 6/3/4 | More on Communication  
|       | Ch. 5 - Immigrants, Refugees, Acculturation |
| 7/3/11 | More Ch. 5 |
| 8/3/18 | Ch. 6 - Stereotyping, Prejudice, Discrimination, Racism |
| 9/3/25 | More on Ch. 6  
|       | Exam 2 on Chapters 4, 5, 6 & Lectures |

- **Spring Break – Campus closed Monday 3/30 – Sunday 4/5**

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<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>10/4/8</td>
<td>Ch. 7 - Cultural Identity Development</td>
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<tr>
<td>11/4/15</td>
<td>More on Chapter 7</td>
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| 12/4/22 | Ch. 8 - Health Psychology & Disparities  
|       | Ch. 9 - Culture & Mental Health |

- **World Fest is Thursday, April 23rd**

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<th>Date</th>
<th>Topic</th>
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| 13/4/29 | Ch. 10 - Building Multicultural Competence  
|       | Lecture: Special Topic to be announced |
| 14/5/6 | Exam 3: Chapters 7, 8, 9, & 10  
|       | Early-bird Presentations (extra credit) |
| 15/5/13 | Presentations |
| 16/5/20 | Presentations |

**Yea! Happy Summer Vacation!**

**Share what you’ve learned, continue to explore, and be kind 😊**

Your grades will be posted in MyGrades in Blackboard for your review by May 27th and then posted to MyGateway by June 1st.

**Do NOT email me for your grade. Check the Announcements Page in BlackBoard for my grading progress updates.**