

Fullerton College
PE 115 Beginning Golf

Class Timeline Fall Semester 2007:

- Week 1: Meet at Fullerton College Softball Field**
Introduction to class syllabus
Instructions for weekly procedures
Explain equipment
Various grips
Stance and address
- Week 2: Birch Hills Golf Course (BHGC)**
Review grips
Review stance and address
Explain full swing
Demo / Dry swings
Practice full swing with irons only
Driving range practice
- Week 3:** No class meeting, Labor Day Holiday
- Week 4: BHGC**
Review full swing
Discuss chipping/pitching
Use various irons shots (start high to low – 9,8,7 to 5,4,3)
Drills
Driving range practice /Golf course - 9 holes
- Week 5: BHGC**
Explain the use of woods (driver, 3,5,7 woods)
Drills
Driving range practice /Golf course – 9 holes
- Week 6: BHGC**
Explain Putting
2 groups – review all strokes
Golf course practice / driving range practice
- Week 7: BHGC**
Rules / Etiquette / Scoring / Score Cards
Course Layout
Review for final exam

- Week 8:** **BHGC**
Review Putting
Putting Drills / Contest
- Week 9:** **BHGC**
Review all strokes / Pitching
Course practice / driving range practice
- Week 10:** **BHGC**
Practice Round – 9 holes
Alternate driving range practice
- Week 11:** **BHGC**
Practice Round – 9 holes
Alternate driving range practice
- Week 12:** **BHGC**
Class Practice Round - 9 holes
- Week 13:** **BHGC**
Class Practice Round - 9 holes
- Week 14:** **BHGC**
Turn in take home final exam
Class Tournament – round of 9 holes
Teams of 4 or 5
Best ball
Prizes for longest drive (male & female) & closest to the pin